

## **New classes starting in Term 3, 2022**

**Please contact the Group Leader for more information and to register your interest.**

### **Monday:**

**Affordable Technology** - Group Leader Tony Bryan - 0420 927 477.

**2:00 pm – 3:30 pm – SDA, Paperbark Room**

Tony says the class will be “A beginners’ guide to technology from getting on line, choosing a smartphone (Apple or Android) to converting old phones, slides, videos and film. There will also be tips on how to save money on hardware, software, tablets and printing.”

### **Wednesday:**

**Singalong** – Group Leader Geoff Dart – contact Annabelle (02) 6674 2494 for information

Starting beginning of Term 3.

**2:00 pm – 4:00 pm – SDA, Seaside Room**

### **Thursday:**

**Stand and Deliver with Confidence** – Group Leader Eva Bennett - 0418 271 809

**9:30 am – 11:30 am – SDA, Plumeria Room**

Want to improve your public speaking skills? This could be the course for you. Eva has taught numerous courses, including for corporate clients. Printed course notes will be provided.

**Stretching with bands and balls.** Our fitness-focussed friend from U3A in Melbourne, June Hewitt is making a welcome winter return for Term 3 in the Tweed. For information and to register your interest **contact Julia (0415 464 616).**

**11:30 am – 1:00 pm - Uniting Church Hall**

It's a repeat of last year's class; slated to start with a gentle warm up before stronger exercises with bands and balls to aid movement and create some fun.

**Circle Dancing** – Group Leader Jennifer Bellair - 0449 138 546 - restarting her popular class.

**11:30 am – 1:00 pm – SDA, Seaside Room**

Adding a new dash of movement and music to U3A.

**Film Chat (Monthly)** - Group Leader Carole Flood (02) 6670 4002

**First class** is scheduled for **Thursday, July 14** from **10:00 am – 1:00 pm** at **TriCare Hastings Point** Retirement Community, 89 Tweed Coast Road Hastings Point.

Carole has access to a large selection of movies and the class is designed to involve a viewing, followed by group discussion over coffee. The course is initially scheduled to run monthly, with the next class date to be advised.

### **Friday:**

**Art for Starters and More** – Group Leader Ian Hall - 0408 617 017

**9:00 am – 11:00 am – Uniting Church Hall**

Ian is restarting his art class, targeted at beginners. Ian, who has spent a lifetime painting and has a number of sales across Australia, wants the class to be fun, while members learn the basics.

**Please contact the Group Leader for more information and to register your interest.**