

OPERATING TIMETABLE U3A TWEED COAST INC TERM 3, 2022 (18 JULY - 23 SEPT)

Members attending classes held in a Club, must be current financial members of that Club.

DISCLAIMER : Members need to be aware that they must accept responsibility for their own welfare when attending any U3A Tweed Coast Classes or Social Activities.

<u>Day</u>	<u>Course</u>	<u>Group Leader / Contact Details</u>	<u>Venue / Additional Information</u>	<u>Time</u>
<u>MON</u>				
	Pavement Walk	Julia – (07) 5524 8995	Contact the leader for a starting point	8:00 am – 9:30 am
	Art Enthusiasts	Maree - 0407 274 937 Kay - 0423 095 431	Pottsville Neighbourhood Centre	9:00 am – 11:00 am
	Canasta, "Pony" Version	Marilyn - 0408 029 137	Seventh Day Adventist Church (SDA) Poinciana	9:30 am – 12 noon
	Hatha Yoga	Dianne – (02) 6674 4046	Uniting Church Hall	10:00 am – 11:30 am
	Yoga Postures	Lynda – 0478 218 054	Tumbulgum Community Hall Cnr Government Road & Riverside Drive	11:00 am - 12:30 pm
	Scrabble Suspended for Term 3	Beth - 0412 411 708	Murwillumbah Library	2:00 pm - 3:30 pm
	Mah-jong	Janet – 0412 821 642	SDA Saltwater/Poinciana	1:30 pm – 4:00 pm
***	Affordable Technology	Tony – 0420 927 477	SDA Paperbark	2:00 pm – 3:30 pm
	Book Chat – 1st Monday of Month	Jennifer – 0411 863 831	Private home	2:30 pm – 4:00 pm
<u>TUES</u>				
	Pilates	Gayle - 0481 187 531	SDA Seaside	9:30 am – 11:00 am
	Paint and Chat	Anne - 0432 184 460	SDA Saltwater	10:00 am - 12 noon
	Hatha Yoga	Dianne – (02) 6674 4046	Uniting Church Hall	10:00 am – 11:30 am
	Digital Photography	Barry - 0467 394 363	Zoom	10:00 am – 11:30 am
	Writing Life Stories	Lynda - 0478 218 054	SDA Poinciana	11:00 am – 1:00 pm
	Creative Writing	Sue 0402 052 476 / Beth 0412 411 708	Autumn Club, Murwillumbah	11:15 am - 12:45 pm
	Canasta "Pony" Version	Barbara - 0421 679 453	Tweed Heads Library	1:00 pm – 4:00 pm
	Current Affairs, Discussion Group	Alec – (07) 5524 8995	SDA Poinciana	1:30 pm – 3:00 pm
	Brain Games	Marg – (02) 6674 3125	SDA Plumeria	1:30 pm – 3:00 pm
	Style & Substance (a discussion group)	Rachel & - (02) 6674 4592 Lorraine	SDA Sandpiper	1:30 pm – 3:00 pm
<u>WED</u>				
	Italian Conversation (Lvl 2)	Janice - (07) 5524 3846	SDA Saltwater	9:00 am – 10:30 am
###	German Conversation (Adv)	Valerie – 0437 691 270	SDA Sandpiper	9:00 am - 10:15 am
	French Advanced	Carolyn – (07) 5534 4644	SDA Plumeria	9:00 am – 11:00 am
	Italian Intermediate (Lvl 2)	Janice - (07) 5524 3846	SDA Saltwater	10:30 am – 12 noon
###	German Intermediate	Valerie – 0437 691 270	SDA Sandpiper	10:30 am – 12 noon
	German Beginners	Jahnavi - 0404 791 041	SDA Sandpiper	1:00 pm – 2:15 pm
	Scrabble – Places Available	Rachel - (02) 6674 4592	SDA Saltwater	1:30 pm – 3:30 pm
**	Singalong	Annabelle – (02) 6674 2494 Geoff - 0438 545 828	SDA Seaside	2:00 pm - 4:00 pm

WED : CONTINUED

TAI CHI Uniting Church Hall	Marg – 0488 090 595	Straight Sword Broadsword Beijing Fan Yang Style 24 Fan	8:45 am - 9:45 am (Advanced)
	Graham – 0438 944 766 Chris – 0412 079 817		
		Lotus Qi Gong 10 Points for Good Health Lohan Beijing 24 Sun 32 Brolga Qi Gong	9:45 am - 11:15 am (Beginners + Advanced)

THUR

***	Stand and Deliver with Confidence 500 (Cards)	Eva – 0418 271 809 Chris – 0490 099 817	SDA Uniting Church Hall	Plumeria	9:30 am – 11:30 am 9:30 am – 11:30 am
	Pilates	Gayle – 0481 187 531	SDA	Seaside	10:00 am – 11:30 am
***	Film Chat (Monthly) Commencing July 14	Carole – (02) 6670 4002	TriCare Hastings Point 89 Tweed Coast Road, Hastings Point		10:00 am – 1:00 pm
**	Stretching with bands and balls	June Contact Julia – 0415 464 616	Uniting Church Hall		11:30 am – 1:00 pm
**	Circle Dancing	Jennifer – 0449 138 546	SDA	Seaside	11:30 am – 1:00 pm
	Mah-jong	Pat – (07) 5524 3674	SDA	Saltwater	1:30 pm – 3:30 pm
	Motor Movers	Alec – (07) 5524 8995	Zoom		2:30 pm – 4:00 pm

FRI

	Tennis - (Cost - \$3.00 - \$5.00, depending on numbers)	Hilary – 0418 968 220	Viking Street, Kingscliff		8:00 am – 10:00 am
**	Art for Starters and More	Ian – 0408 617 017	Uniting Church Hall		9:00 am – 11:00 am
	Card Making (Cost: \$3 for Kit)	Jackie – 0412 926 326	SDA	Saltwater	9:30 am - 11:30 am
	Spanish Advanced	Andres – 0421 188 837	SDA	Plumeria	9:30 am – 12 noon
	Yoga	Jeni – 0401 821 681	Tumbulgum Community Hall, Cnr Government Road & Riverside Drive		10:00 am – 11:30 am
	Spanish Intermediate	Andres – 0421 188 837	SDA	Plumeria	12 noon - 2:00 pm

**** RESUMING IN TERM 3 – Please contact the Group Leader for full details****

***** NEW COURSES STARTING IN TERM 3 - Please contact the Group Leader for full details*****

GERMAN CONVERSATION (ADV AND INTERMEDIATE) resumes on 24Aug2022

GERMAN BEGINNERS will continue uninterrupted

Please Note: Timetable accurate at time of publishing ie 23 June 2022. Subject to amendment.