



## **U3A Tweed Coast COVID 19 Safety Plan**

**In order to participate in U3A Tweed Coast classes you must agree and adhere to the following rules:**

- On arrival you must maintain a 1.5m distance between yourself and others while entering the venue.
- Entry will be via front door only.
- Temperature taken, if required by venue.
- Use the hand sanitizer inside/at the front door before you enter.
- As per Government requirements, check in using the venue's QR code, if available, or complete required attendance sheet.
- Do not congregate in groups outside the venue or in doorways.
- Always maintain physical distance.
- Avoid physical contact.
- Ensure activities are non-contact as much as practical.
- Bring your own water bottle, snacks, towels, exercise mats etc.
- Stand where you can ensure you cannot touch the person beside you when you both put your arms out.
- Indoor group activities (ie yoga, dance, exercise) can have more than 20 participants plus instructor/s but must meet the one person per two metre rule.
- No one is permitted to stay after class.
- If you are unwell, have been travelling, been to a 'COVID hotspot' or been in contact with someone who has, then stay at home for at least 14 days and seek medical advice.
- No one will be permitted entry if unwell. We have the right to refuse entry to anyone who appears to be unwell or is displaying symptoms of cold, flu or covid19.
- There will not be any shared food or drinks.
- Good Hygiene practices must be maintained while at the venue.
- Adequate time between classes be allowed for cleaning.

### **After use of Venue**

- Wipe down all touchable surfaces (including chairs, light switches, bathrooms, door handles etc) at the end of each session.
- People involved in cleaning or reorganising furniture to wear gloves.